

Take Home Lessons from Today 10-19-23

Please take a moment to reflect on your experience at the Blanton Museum of Art today and write down answers to the following questions.

- 1) Can you connect how you experienced the art to different forms of happiness?

- 2) Can you guess which neurotransmitters were released in your brain during your visit to help improve your overall feeling of well-being and happiness?

- 3) Do you now think of art and how it can be experienced in a new way? Exactly How?

Assignment for next class: You need to practice retrieving peer reviewed information. For this, you will need to find at least two peer-reviewed articles about a dietary supplement called Kratom. Kratom is controversial right now, I will leave up to you to find out why. I am using this as an opportunity for you to learn how to retrieve reliable, scholarly information and distinguish that from misinformation (distinguishing these is referred to as "information literacy", a major learning objective of this class). Trust me, this assignment is going to be a challenge! **To be clear, I want each of you to come to class next Tuesday ready to discuss two peer-reviewed articles that you have found about Kratom, the dietary supplement. Learning how to do this will be time very well spent as preparation for your own final paper, your future classes and especially when you are in your careers!**